

# Personal Gear List

(Recommended - TBC)

SA CONTINGENT  
AJ2025



## Toiletries bag containing

- Toothbrush and toothpaste
- Face washer
- Soap in a container
- Comb and/or hairbrush
- Nail file and nail brush
- Tissues
- Foot Powder
- Shampoo and conditioner
- Deodorant - roll-on (NOT aerosol)

## Bag to carry gear to shower

- Thongs for the shower

## Hygiene

- 2 towels (bath towel and beach towel)
- Plastic bag for wet towel
- Plastic bag for wet clothes
- 2 spare plastic bags

## For Activities

- Daypack to fit all of the below in
- Sunscreen
- Bathers
- Shirt for swimming in or a rash vest
- Old set of clothes for mud activities that can be thrown away if need
- Shoes for mud and water activities eg neoprene or old sneakers
- Sunglasses (optional)
- Insect repellent - cream or roll-on (NOT aerosol)
- Hat
- Lunch box
- 2 small water bottles

## Dilly Bag

(Must be fabric or mesh - not plastic or dry sack)

- Knife, fork, dessert spoon and teaspoon
- Dinner plate, bowl and mug (unbreakable)
- 2 named tea towels

## Sleeping Gear

- Pyjamas or tracksuit to be used only for sleeping
- Roll mat
- Sleeping bag and inner sheet
- Pillow

## Clothing

- Scout shirt and bone/stone coloured shorts, pants or zip off
- 5 polo shirts or shirts with collar. They will get dirty so bring old ones (scouts will be given a Jamboree & SA Contingent shirt)
- 5 pairs socks
- 5 sets underwear
- 4 pairs pants, zip offs or shorts (combination of any to make up 4)
- **Waterproof raincoat. Essential**
- 2 jumpers/polar fleece
- 2 pairs shoes or boots



YOUR QUEST ~ YOUR WAY

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## Others Items

- Notebook and a pen that works
- Torch with FRESH batteries and some spares. Headlight is preferred. (Please do not bring wind up torches).
- Radio with spare batteries (optional – there is a Jamboree radio station)
- Small sewing kit (Needle, thread, couple of safety pins and button)
- Small 1st aid kit
- Camera (optional)
- Spare shoe laces
- 20 clothes pegs
- Wallet
- Badges for swapping (optional – We will be providing Contingent badges)

## Notes

- All gear must fit inside bag. Eg no roll mat or pillow tied to the outside.
- Dilly bag must be fabric or mesh so that the dishes will air dry inside them
- Scouts should have some sort of bag to carry their gear to the shower...saves things getting dropped en route!
- An inner sheet is very important for keeping the sleeping bag clean. It adds several degrees of warmth to the bag if needed or can be used by itself on a hot night.
- Scouts are expected to have clothing designated solely for sleeping. Scouts must not sleep in the clothes they wore during the day.
- Please do not send any aerosols. The propellant damages the fabric of the tents and some kids get asthma if they are sprayed in confined areas (eg tents)
- You will have no power so leave home any electrical devices including mobile phones.
- Please make sure all belongings are named with BOTH the Scouts name and the Troop Number.
- Waterproof raincoat is essential.
- If bringing medication, please have a copy of the "action plan" from your GP or specialist. Please also send a spare supply.



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